

RESOURCE LIST – CRISIS AND SUICIDE SUPPORT

Province-Wide in BC

Crisis 24 hrs: **1-800-SUICIDE (1-800-784-2433)**

BC211 – Referral Hotline 24/7 Dial 211

Burnaby Mental Health and Addictions

Burnaby residents seeking counselling for persons in suicidal crisis or support for persons concerns about someone at risk to suicide.

Intake: **604-453-1900**

Campbell River Crisis Line

Crisis 24 hrs: **250-287-7743**

Central Fraser Valley Telecare Crisis Line

Crisis 24 hrs: **604-852-9099**

CHIMO Services Crisis Intervention Program

Serves Richmond, South Delta, Ladner & Tsawwassen

Crisis 15 hrs (9 am – midnight): **604-279-7070**

Crisis Centre for Northern BC

All of Northern BC north of Quesnel, except the Peace River Country, Fraser Lake, Fort Fraser & Vanderhoof

Prince George 24-Hour Crisis Line,
Youth Support Line, Youth Online Chat

Crisis Lines:

250-563-1214 – 1-888-562-1214

Youth Line: 250-564-8336 – 1-888-564-8336

Serves from the Alberta border to Haida Gwaii and from Quesnel north to the Yukon border

Crisis Intervention & Suicide Prevention Centre of BC

Serves Vancouver, North Vancouver city & district, Bowen Island, West Vancouver, Burnaby

Also has online chat for youth: www.youthinbc.com

Crisis 24 hrs: **604-872-3311**

Crisis 24 hrs TTY: **604-872-0113**

Serving Powell River & area, Sunshine Coast, Squamish, Whistler, Pemberton and Howe Sound-the Sea to Sky corridor

Crisis 24 hrs: **1-866-661-3311**

Crisis 24 hrs TTY: **1-866-872-0113**

Crossroads Crisis Centre Society

Serving the Comox Valley area

Crisis 24 hrs: **250-334-2455**

East Kootenay Crisis Line

Serving entire east Kootenay region, from Golden to the Alberta & USA borders

Crisis 24 hrs: **1-888-353-2273 (C.A.R.E.)**

Fraser Health Crisis Line

Serves the Fraser Health Region from Burnaby to Boston Bar: New Westminster, Coquitlam, Maple Ridge, Pitt Meadows, White Rock, South Surrey, Delta, Surrey, Langley, Abbotsford, Mission, Chilliwack, Hope, and Agassiz

Crisis 24 hrs: **604-951-8855 – 1-877-820-7444**

Fraser Valley Regional Crisis Line

Serves Mission, Abbotsford, Chilliwack, Agassiz/Harrison, Hope, Yale & Boston Bar

Crisis 24 hrs: **604-820-1166**

Crisis 24 hrs: **1-877-820-7444**

G.R. Baker Memorial Hospital (Q.U.E.S.S.T. Unit)

Crisis, 24 hrs: **250-992-9414** (Quesnel)

Kelowna Crisis Line

Serves Kelowna, Westbank, Winfield, Lakecountry

Crisis 24 hrs: **1-888-353-2273 (C.A.R.E.)**

KUU-US Crisis Line Society

Serving Port Alberni, Ucluelet, Tofino, Bamfield, and West coast of Vancouver Island

Crisis 24 hrs: **250-723-4050**

Teen line: **250-723-2040**

Crisis 24 hrs: **1-800-588-8717**

North Island Crisis & Counselling Centre Society

Crisis 24 hrs: **250-949-6033**

PIN Crisis Intervention Society (PIN Crisis Line)

Vernon, Salmon Arm, Enderby, Revelstoke

Crisis 24 hrs: **1-888-353-2273 (C.A.R.E.)**

S.A.F.E.R (Suicide Attempt Follow-up, Education, & Research)

Provides counselling for individuals who are in a suicidal crisis, have made a suicide attempt, or are survivors of a suicide loss.

Intake Worker, 8:30 am to 4:30 pm, Monday to Friday: **604-675-3985**

S.U.C.C.E.S.S. Chinese Help Lines

Cantonese Help Line, 10 am – 10 pm: **604-270-8233**

Mandarin Help Line, 10 am – 10 pm: **604-270-8222**

South Fraser Regional Crisis Line c/o Surrey Community Services

Serves Surrey, Whiterock, Langley and Delta

Crisis 24 hrs: **604-951-8855**

Vancouver Child and Youth Mental Health Referral

For suicidal children and youth (18 & under) at risk to suicide.

Intake: **604-709-4111**

Vancouver Island Crisis Line

Serves: All of Vancouver Island and Select areas of the Northern Interior (follows Island Health regional boundaries)

Vancouver Island Crisis Line (24/7): **1-888-353-2273 (C.A.R.E.)**

West Kootenay – Boundary Regional Crisis Line

Serves Trail & Rossland, the West Kootenay and Boundary regions, including Nelson, Grand Forks, Castlegar, Christina Lake, New Denver, Nakusp and Salmo

Crisis 24 hrs: **1-888-353-2273 (C.A.R.E.)**

Williams Lake & Area Crisis Line

Crisis 24 hrs: **1-888-353-2273 (C.A.R.E.)**